

## Alzheimer's Disease Kitchen Safety Checklist

- I have assessed the kitchen floors and ensured that tile is no longer slippery.
- I have checked all furniture to see that it is sturdy, including tables and dining chairs.
- I have made my oven, stove, and microwave safe by locking these appliances.
- I have reduced dangers associated with the garbage disposal and sink, including water temperature.
- I have labeled drawers to make items and food more accessible.
- Long cords have been tacked to baseboards and toxic plants have been removed.
- I have read about the challenges that can be encountered when eating and have made necessary changes.
- I have locked all alcohol up.
- I have a fire extinguisher ready.
- I have installed a home monitor which covers the kitchen area.

