

Alzheimer's Disease Bedroom Safety Checklist

- I have made the light switch easy to find and have removed bedside lamps.
- I have eliminated poor wall colors, such as light blue, gray, or any dark colored paint.
- I have removed trash cans from the bedroom.
- I have installed an automatic light in the closet and reduced the number of clothing choices.
- I have filled dresser drawers with personal items so that my loved one can rummage.
- I am aware that my loved one may require a warmer room than the rest of the house.
- I have looked into the possibility of a bed bar or pressure sensitive pad.
- I have installed nightlights and a lit pathway for when my loved one needs to use the bathroom.
- I have checked that all carpet is secure, reducing the risk of falls.
- I have made their bedroom feel like home, keeping it as familiar and comfortable as possible.



www.ElderGuru.com