

Alzheimer's Disease Bathroom Safety Checklist

___ I have ensured that there is enough light at nighttime in order to find the bathroom.

___ I have made changes to the bathroom door so that it is no longer a barrier.

___ I have removed or concealed trash cans.

___ I have made the toilet comfortable and easy-to-use.

___ I have installed grab bars within the shower.

___ I have placed a colorful, non-slip mat in the tub.

___ I have added a screen to the sink drain.

___ I have placed a lock on the medicine cabinet and have removed all cleaning supplies.

___ I have considered installing heat lamps in the ceiling to reduce reliance on a space heater.

