How Well Are You Thinking?

Please complete this form in ink without the assistance of others.

Name________________________________________________________ Date of Birth _____/_____/_____

How far did you get in school? ________________________________ I am a Man_____ Woman_____

I am Asian______ Black______ Hispanic______ White______ Other______

Have you had any problems with memory or thinking? Yes______ Only Occasionally______ No______

Have you had any blood relatives that have had problems with memory or thinking? Yes______ No______

Do you have balance problems? Yes______ No______

If yes, do you know the cause? Yes (specify reason)__________________________ No______

Have you ever had a major stroke? Yes______ No______ A minor or mini-stroke? Yes______ No______

Do you currently feel sad or depressed? Yes______ Only Occasionally______ No______

Have you had any change in your personality? Yes (specify changes)__________________________ No______

Do you have more difficulties doing everyday activities due to thinking problems? Yes______ No______

1. What is today’s date? (from memory – no cheating!) Month_________ Date______ Year_______

2. Name the following pictures (don’t worry about spelling):

   ![Picture 1]

   ![Picture 2]
Answer these questions:

3. How are a rose and a tulip similar? Write down how they are alike. They both are… what?

________________________________________________________________________________

4. How many quarters are in $6.75 cents? ___________________________

5. You are buying $3.05 of groceries. How much change would you receive back from a $5 bill?

___________________________________________________________________________________

6. Memory Test (memorize these instructions). Do later only after completing this entire test:
   At the bottom of the very last page: Write “I have finished” on the blank line provided

7. Copy this picture:

![Picture]

8. Drawing test
   - Draw a large face of a clock and place in the numbers
   - Position the hands for 10 minutes before 11 o’clock
   - On your clock, label “L” for the long hand and “S” for the short hand
9. Write down the names of 12 different countries located anywhere in the world (don’t worry about spelling):

_________________          _______________
_________________          _______________
_________________          _______________

Review this example (this first one is done for you) then go to question 10 below:

Draw a line from one circle to another starting at 1 and alternating numbers and letters (1 to A to 2 to B to 3 to C).

10. Do the following: Draw a line from one circle to another starting at 1 and alternating numbers and letters in order before ending at F (1 to A to 2 to B and so on).
Review this example (this first one is done for you) then answer question 11 below:

- Beginning with 6 squares
- Cross out 1 line (marked with an X)
- Leaving 5 squares
- Each line must be part of a complete square (no extra lines).

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6 squares  Cross out 1 line  5 squares (answer)

(Example)  (Example)  (Example)

11. Solve the following problem:

- Beginning with 4 triangles
- Cross out 2 lines (Mark with an X)
- Leaving 3 triangles
- Each line must be part of a complete triangle (no extra lines).

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4 triangles  Cross out 2 lines  Draw answer here

Mark with an X  3 triangles

12. Are you done? __________________________
This instrument cannot substitute for medical advice, diagnosis or treatment by a trained medical professional. Diagnosis and treatment of human illness should be based collectively on medical history, including family medical history, and a physical examination along with a doctor’s professional judgment and review of all test results. The material contained in this instrument does not contain standards that are meant to be applied rigidly and followed in virtually all cases. Physicians’ judgment must remain central to the selection of diagnostic tests and therapy options of a specific patient’s medical condition.

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