How Well Are You Thinking?

Please complete this form in ink without the assistance of others.

Name________________________________________________________ Date of Birth _____/_____/_____

How far did you get in school? ____________________________________ I am a Man______ Woman______

I am Asian__________ Black__________ Hispanic__________ White__________ Other__________

Have you had any problems with memory or thinking?    Yes_______ Only Occasionally_______ No_______

Have you had any blood relatives that have had problems with memory or thinking? Yes_______ No_______

Do you have balance problems?    Yes_______ No_______

If yes, do you know the cause? Yes (specify reason)________________________________________ No_______

Have you ever had a major stroke? Yes_______ No_______ A minor or mini-stroke? Yes_______ No_______

Do you currently feel sad or depressed? Yes_______ Only Occasionally_______ No_______

Have you had any change in your personality? Yes (specify changes)________________________ No_______

Do you have more difficulties doing everyday activities due to thinking problems? Yes_______ No_______

1. What is today’s date? (from memory – no cheating!) Month___________ Date_______ Year_________

2. Name the following pictures (don’t worry about spelling):

   [Image of a Christmas wreath]

   [Image of a volcano]
Answer these questions:

3. How are a watch and a ruler similar? Write down how they are alike. They both are... what?
________________________________________________________________________________

4. How many nickels are in 60 cents? ___________________________

5. You are buying $13.45 of groceries. How much change would you receive back from a $20 bill?
___________________________________________________________________________________

6. Memory Test (memorize these instructions). Do later only after completing this entire test:
   At the bottom of the very last page: Write “I am done” on the blank line provided.

7. Copy this picture:

   ![Cube Drawing](image)

8. Drawing test
   - Draw a large face of a clock and place in the numbers
   - Position the hands for 5 minutes after 11 o’clock
   - On your clock, label “L” for the long hand and “S” for the short hand
9. Write down the names of 12 different animals (don’t worry about spelling):

_________________          _________________          _________________          _________________
_________________          _________________          _________________          _________________
_________________          _________________          _________________          _________________

Review this example (this first one is done for you) then go to question 10 below:

Draw a line from one circle to another starting at 1 and alternating numbers and letters (1 to A to 2 to B to 3 to C).

10. Do the following: Draw a line from one circle to another starting at 1 and alternating numbers and letters in order before ending at F (1 to A to 2 to B and so on).
Review this example (this first one is done for you) then answer question 11 below:

- Beginning with 1 triangle and 1 square
- Move 2 lines (marked with an X)
- To make 2 squares and no triangle
- Each line must be part of a complete square (no extra lines)

1 triangle, 1 square
Move these 2 lines
Makes 2 squares (answer)

11. Solve the following problem:

- Beginning with 2 squares and 2 triangles
- Move 4 lines (mark with an X)
- To make 4 squares and no triangles
- Each line must be part of a complete square (no extra lines)

2 squares, 2 triangles
Move 4 lines
Mark with an X
4 squares

12. Have you finished? ________________________________
This instrument cannot substitute for medical advice, diagnosis or treatment by a trained medical professional. Diagnosis and treatment of human illness should be based collectively on medical history, including family medical history, and a physical examination along with a doctor’s professional judgment and review of all test results. The material contained in this instrument does not contain standards that are meant to be applied rigidly and followed in virtually all cases. Physicians’ judgment must remain central to the selection of diagnostic tests and therapy options of a specific patient’s medical condition.

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